MOMS ARE FRUGAL Homemade CLEANING RECIPES

Basic Ingredients

- water
- white vinegar
- essential oils
- super washing soda
- baking soda
- castle soap {bar & liquid}
- lemons or lemon juice
- borax
- epson salt
- empty containers and jars
- empty spray bottles

Carpet Freshener

2 cups baking soda
10-20 drops essential oil

- Mix, and put it in a jar with a shaker top.
- Sprinkle on carpet
- Let sit for 15 minutes
- Cacuum.

Air Freshener

4 table spoon fabric softener
Some water

- Add fabric softener to a spray bottle
- Mix with water.

All Purpose Cleaner

400ml water
2 teaspoon baking soda
4 tablespoon white vinegar

- Place ingredients in a squirt bottle.
- Shake to mix well.

Glass/Mirror Cleaner

2 table spoon cornstarch
2 cups warm water
1/4 cup rubbing alcohol
1/4 cup white vinegar

- Combine all ingredients in a squirt bottle. .
- Spray surface
- Wipe with a cloth.

Grout Cleaner

1/4 cup white vinegar
1/2 cup baking soda

- Mixi in a container.
- Use a tooth brush to apply
- paste to grout
- Scrub.
- Let sit for five minutes
- Rinse.

Toilet Bowl Cleaner

1 cup white vinegar
3/4 cup borax
10 drops essential oil

- Combine all ingredients in bowl
- Wet toilet bowl
- Spread ingredients inside
- Let it stay overnight
- Scrub

Laundry Detergent

1 bar castile soap
2 cup super washing soda
2 cup borax
1 cup baking soda
30 drops essential oil

- Grate Castile soap
- Mix all ingredients
- Put it in an airtight container
- Use 1 table spoon/load

Dishwasher Detergent

1/4 cup Epsom salt
1 cup borax
1 cup washing soda
Lemon juice

- Combine powder ingredients in a bowl
- Add lemon juice slowly until sticky
- Put in ice cube tray
- Harden it in windowsill
- Use 1 cube/load

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Vinyl/Tile Floor Cleaner

1 gallon hot water
2 teaspoon castile soap
2 tablespoon washing soda
2 tablespoon white vinegar
10-20 drops essential oil

- Mix the ingredients a bucket
- Wash with a mop or microfiber cloths

Hardened Wood Floor Cleaner

1 gallon hot water
½ cup white vinegar
2-3 drops essential oil

- Mix the ingredients a bucket
- Wash with a mop or microfiber cloths

Bleach Alternative

1 ½ cups of 3% Hydrogen Peroxide
½ cup lemon juice
1 gallon water

- Mix all ingredients in a gallon
- use 1 cup/wash

Disinfectant

½ cup white vinegar
2 cups hot water
1 teaspoon washing soda
10 drops melaleuca oil

- Mix the ingredients
- Wipe
- Clean.

Dusting Spray

1 cup olive oil
1 cup white distilled vinegar
1 teaspoon castile soap
15 drops essential oils

- Combine the ingredients in a spray bottle
- Spray to furniture
- Wipe

Chrome Cleaner

2 cups water
½ teaspoon Castile soap
3 tablespoon white vinegar

- Mix in a spray bottle.
- Spray the surface
- Wait for 10 minutes
- Wipe.



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